



1 I know my parents'  
FULL NAMES and PHONE NUMBERS.

2 I always CHECK FIRST with a Safe Adult before  
going anywhere or doing anything unexpected.

3 I know that my private parts  
are called that for a reason:  
they're PRIVATE!

4 If I ever get LOST in a public place, I can  
FREEZE & YELL and if that doesn't work,  
I will find a MOM WITH KIDS to ask for help.

5 I will trust my UH-OH FEELING inside, and if something doesn't feel right,  
I will stop and tell a Safe Adult.

{Guided by the curriculum of Pattie Fitzgerald of Safely Ever After, Inc.}



HELPING PARENTS  
RAISE GOOD PEOPLE